



North Coast Physician

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"Driftwood & Shadow"
STEPHEN KAMELGARN, M.D.

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“On Leaving Humboldt”

V. Bonales, MD

Emergency Medicine Physician



For there will be other places to explore and to discover.
For there will be other ocean trails to follow and other tree-lined roads to ramble.
For there will be memories to remember and new memories to make.

For there will be new friends to meet.
For there will be new colleagues to challenge and to collaborate with.
For there will be new students to teach, new nurses to lead, new providers to guide.

For there will always be patients in need.
For there will always be homeless to clothe and feed and transport.
For there will always be a door open 24 hours a day, seven days a week.

For there will always be STEMIs racing to the cath lab.
For there will be TPA for the stroke patient.
For there will be lorazepam and ziprasidone for those on meth, or alcohol
or whose mental demons have taken them away.

For children will fall and break wrists, ankles, and clavicles.
For adults will abuse drugs, tobacco and each other.
For elderly will fall and break hips, wrists, and ribs.

For the cardiac arrest will not regain a heartbeat.
For the imminent delivery will spill amniotic fluid on your shoes but lift your spirit.
For the wails of a mother for their dead infant will haunt your dreams.

For there will be antibiotics used for viruses.
For there will be NSAIDs given to the epidural abscess.
For there will be no psychiatric help for the mentally ill.

For there will always be the LVAD needing a cardiac specialist.
For there will always be the lissencephalic needing a pediatric specialist.
For there will always be a need for more specialists in a rural setting.

For the dream of the ivory tower remains.
For the need for advancement and accomplishment lingers.
For the challenge to improve oneself continues.
For the dream has been stifled by geography and administration.
For the need has been crushed by jealousy and clinging to the status quo.
For the challenge is to be continued in another realm.

For the time here has passed.
For the patients and friends and colleagues will remain.
For the bags have been packed and the lights have been dimmed.

Gaudeamus Igitur
Juvenes dum sumus

For the *Sequoia Sempervirens* will continue to grow and reach for the sky
Rejoice, my friends, for so will I.

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